Annual Report 2015-16

Aarambh

Center for Autism and Slow learner

Registration Number: MHA-369/12, F-18307

<u>Address:</u> Plot no 24, Mhada colony, shahanoormiya darga, Aurangabad -05

Name of the key person: Ambika B. Takalkar

<u>Designation:</u> Managing Trustee, Founder and Director

Mobile Number: 08275284178

Email Id: ambikanidhu@gmail.com, aarambhautismtrust@gmail.com

From the President's Desk

I would like to say that four years ago we have started 'Aarambh' with my two special friends.

Aarambh just stepping in 5 th educational year. The last four years travel made 'A sweet house' in my heart. We means our AARAMBH team has done hard work with determination, commitment and spirit to do it. We are here for finding new paths and new beginnings for autistic and slow learner children in society. Your praise as well as help promotes me to achieve long distance. The truth is, our beginning was very easy but it's very hard task to grow and develop this noble organization.

From this educational year, we have done one more achievements for slow learner children i.e. we have started AARAMBH school in two shift i.e. morning shift is for slow learner children and afternoon shift for ASD children.

From this year we are also launching 'Aarambh's magazine, that is "Reflection of Aarambh" A News letter. In short I hope that you will prefer its reflections and suggests me your valuable Opinion and good suggestions.....

Thanks & Regards

Objective of the organization: -

AARAMBH center for autism and slow learner was started with specific objectives. It is aware of Autism expecially in Marathwada Region. So many Austitic children couldn't get proper guidance and education, for the benefit of such children AARAMBH IS dedicated.

AARAMBH is a registered non-governmental organization working to provide quality special education, therapy and vocational training to the autistic and slow learner children since 2011. It is a first Autism centre in the Marathwada region of Maharashtra state. It offers complete care and a happy, dignified and secure life filled with love, compassion, and achievement-oriented activities to autistic and slow learner children. AARAMBH also conducts workshops for the special children parents for their education and guidance.

Vision

We visualize AARAMBH as a movement that has started a home for autistic and slow learner children, to live with happiness, love, dignity and security, a life which is enjoyable, full of achievement-oriented activity, productivity and fulfilment, with specialised vocational training for the elder autistic and slow learner children to make then independent and to bring them into the main stream of the society. Educate, motivate, assist and guide groups of parent.

Mission

It is well known that once a child is AUTISTIC cannot become normal throughout life. It is very difficult for them to spend life like others. So, it is the Mission of AARAMBH on priority basis to provide quality intervention for individuals with Autism Spectrum Disorders (ASD)

To help children with ASD to reach their potential. To provide a holistic approach. To provide counseling for the parents of children with ASD.To spread awareness about autism in every level of society and hence to empower individuals with an Autism Spectrum Disorder, and their families, to fully participate in their communities.

How is this done?

AARAMBH Director Mrs. Ambika Takalkar who is mother of autistic child has noticed that there is no such facility for AUTISTIC children for the treatment & for the basic education in Aurangabad. So, she has taken hard efforts and initiative to start the AARAMBH society for the autistic and slow learner children with the support of nine trustees. It is the only centre with its uniqueness & VISION in Marathawada region. Our sole purpose is to improve the quality of life of children and adults with autism spectrum disorder and slow learners. AARAMBH Autism centre started with two children, today we have 25 autistic and slow learner children, and we are entering in the fifth education year. AARAMBH has well qualified special educators, physiotherapist, psychologist, speech therapist, music teacher and dance teacher. Our main aim is to make our children independent in the day to day activities and after that make them independent by giving vocational training, so that when they become adult, they must able to earn some money and should not be burden on the family and they must live their life with self respect. Total AARAMBH team (Nine trustees, special educators, therapist, our parents, well wishers and donors) is working with devotion and commitment for the overall development of AARAMBH

There is a thought behind every activity that the Autistic and slow learner children are involved in. The day begins at 8:00 a.m. when the slow learner children comes at AARAMBH for special academic sessions, at 11:00 am, special academic session ends and autistic children arrives for the quality special education, therapies and the vocational training. At 11:15, it's time for Prayer and yoga. These activities are very important to their well-being.

AARAMBH has team of good special educators, physiotherapist, psychologist, speech therapist, music teacher and dance teacher for the overall development of autistic and slow learner children. Our special educator teaches life skills like combing hair, wearing their clothes etc., which will make them independent. There are dance and music classes scheduled daily. This activity gives them tremendous joy and happiness.

AARAMBH has separate room for the vocational training, during the vocational training, children's being taught for making of greeting card, envelopes, paper bags, decorative days and rangolies and so on. A child learns from the teachers and makes very beautiful above mentioned things with fun and happiness.......

How to Turn ns Dream Into Reality:-

Aarambh Center For Autism has certain plans of action..Build the capacity and skills of individuals ,families, community agencies and professionals to help individuals with autism Spectrum Disorder realize opportunities for successful community inclusion.Provide leadership in the development and delivery of services that are marked by excellence and flexibility and are grounded in evidence raise awareness and understanding of Autism Spectrum Disorders and Promote the rights of all individuals to be treated with dignity and respect Keeping these GOALS in mind the AARAMBH is heading towards fulfilling the DREAMS. Through the years of experience it has been noticed that AUTISTIC children are quite interested in group activities rather than performing alone. So, AARAMBH has conducting many group activities, programmes to bring BEST out of these children. In year 2014-2015 in spite of limitations AARAMBH has organized competitions & other activities.

Board of Trustee & Supportive Team of AARAMBH (Current)

| | Name | Place | Designation | Qualification |
|---|------------------------------|------------|---------------------|--------------------------------------|
| 1 | Ambika B. Takalkar | AURANGABAD | Managing Trustee | B.Sc.B.Ed.(spl edu) |
| 2 | Balasaheb Takalkar | AURANGABAD | President | B.sc & AD in Industrial Safety |
| 3 | Dr. Amita Purohit | PUNE | Vice President | M.B.B.S. |
| 4 | Milind Kank | AURANGABAD | Secretary | B.COM |
| 5 | Vaishali sutwane kulkarni | AURANGABAD | Treasurer | M.A. B.Ed. |
| 6 | Pramod Gaikwad | AURANGABAD | Joint Secretary | M.B.A.(finance) |
| 7 | Shashank B. Kono | BELGAUM | Member | B.Sc. |
| 8 | Milind Damodare | AURANGABAD | Member | M.Com |
| 9 | Chetan Patil | AURANGABAD | Member | MBA |

Therapies adopted by Aarambh:

- **TEACH Method**:- Treatment and Education of Autism and Related Communication Handicapped Children (Structured Teaching)
- **PECS Method**:- Exchange communication System (Teaching children with the help of pictures)
- SI Therapy: Sensory Integration: tempts to treat Sensory Integration Dysfunction.[1] Some of these treatments (for example, sensorimotor handling) have a questionable rationale and no empirical evidence.
- **Music Therapy:** Reduce Hyperactive with the help of various kind of music
- **Speech Therapy**:- This is focuses on receptive language and expressive language.
- Presently we are running aarambh autism center, in a 4 rooms banglow with open space which is taken on rent. We have equipped our therapy rooms with advanced equipments..
- **Behavioral Modification:** -An approach to psychotherapy in thebehaviourism tradition that focuses on behavior.
- **Daily Life Therapy:** -Daily Life Therapy (DLT), called Seikatsu Ryouho in Japanese, is an intervention which focuses on teaching children with autism to successfully interact in groups.
- Special Awaj software:
- We have installed Awaj software for Nonverbal children (who don't have speech). Which improve their speech.
- <u>Current Infrastructure:-</u> Presently we have two special education class rooms, one therapy room, speech therapy room, office and vocational activity room in rented bungalow
- Computer Education:

- As per search on Autism, Autistic children are very good in technology. They are also having much more affection in computer paint brush and drawing activities.
- So enhance compute knowledge of our children, we have computer education training session, at present we are giving computer education to following autistic children
- 1)swaraj Rajput 2) Kiran Joshi 3) Mayur kulkarni 4) Bhakti kulkarni

Achievements in year of 2015-2016

- 1) Participated in various dance competition held in Aurangabad city.
- 2) We have started one class for slow learner Children in Morning timing 8:00 to 11:00 am.
- 3) We took Admissions of 10 Student in normal school.
- 4) Successfully, we have achieved Aarambh art zone target.
- 5) We opened bank accounts of our ten young children by depositing initial amount of Rs. 1000/- each as a stipend.

Activities carried out by AARAMBH in the year of 2015-16

Date: 30 March 2015

Wall Painting workshop by Mr. Rohit Giri





1 April 2015 Rotract Club Visit



2 April 2015 :-World Autism Day



May 2015 :- Felicitation of AARAMBH Director by the Honorable Union Railway Minister Mr. Suresh Prabhuji At Auto Cluster Aurangabad



July Month Events

Pisalkar Mam Workshop on Oxygen Thearpy





Gurupornima celebration in Aarambh with

Mr. Navnath Pawar





3 August 2015- Bindast Group Visit



7 August 2015 - Satara Workshop



14 August 2015- Mr. SONAWANE Sir's Workshop





27 August 2015 - Inauguration of Toy Library





28 August 2015 -Celebratation of Rakshabandhan





• Ganpati Making Workshop





Yeshashree Press Comp. PVT LTD (Industrial Visit)



5 Sep 2015:-Teachers Day





●7 Sep:-Dahi Handi



●15 September Picnic At Pacific World Field



30, 31, 1 Prozon Mall Stall



7 Nov 2015 Diwali Celebratation





30 NOV Bird Watching Workshop At Sukhena Dam



December Month Events

9 Dec Maharashtra Times vradhapane Day Celebration



10 December Icon Competition



10 December - Presidents Birthday Celebration



Mr. Swagat Thorat Visit (President of the Blind Student Brail Lipi



9 Jan Gunjan 2016



10 jan 2016 Mr. Jayant Mahatre Visit



12 jan Suryakumbh





21 jan Umang 2016





- 25 January- Mumbai Workshop
- 27 January- Jalgaon Workshop
- Mr. Rahul Awsekar Visit





• Mr. Chetan Patil handing over Donation To Aarambh





3 Feb Planitation in Aarambh



• 7 Feb 2016 Marathon for Autism awareness.



13 Feb Makar Sankranti Haldi KumKum



• 16 Feb to 18 Feb Priyanka Gupta Workshop on (Teachers Training Courses)



24 Feb 2016 Fun with Marg







23 March 2016 Holi Celebratation



School Time Table

| Working |
|----------------------------|
| Prayer |
| Exercise |
| Date and Calendar |
| Introduction |
| Grouping teaching |
| One to one work area |
| Lunch Activity , Hand Wash |
| Play Time |
| Art and craft/ Pre- |
| vocational tranning |
| Rest Time |
| Music and Dance |
| Ready to go home |
| |

AARAMBH AUTISM CENTER AURANGABAD LIST OF DONORS IN THE YEAR 2015-16

| Sr. | NAME | DONATION | AMOUNT | Details of | Date | Receipt |
|-----|-------------------------------|----------|--------|-----------------|----------------|---------|
| No | | | | cheque | | No. |
| 1 | Mr.Manvin Kaur Jabinda | Cash | 1100 | Cash | 10/04 /2015 | 124 |
| 2 | Mr.Jivesh Kaur Jainda | Cash | 1100 | Cash | 10/04 /2015 | 125 |
| 3 | Ranjit Singh | Cash | 500 | Cash | 10/04 /2015 | 126 |
| 4 | Jankiram Lingse | cheque | 1151 | 146295 /IDBI | 17/05 /2015 | 127 |
| 5 | Vaishali Sutavane Kulkarni | Cash | 2000 | | 21/05 /2015 | 128 |
| 6 | Girish Lavehkar(Jalgav) | Cash | 1000 | | 22/05 /2015 | 129 |
| 7 | Pramila vyas | Cheque | 20000 | 833351/S BH | 22/05 /2015 | 130 |
| 8 | Social Network Forum | NEFT | 21000 | | 29/05 /2015 | 131 |
| 9 | Naregalkar | Cash | 4000 | | 29/05 | 132 |

| | Sanjeev D. | | | | /2015 | |
|----|------------------------------------|-----------------|--------|--------------------------------------|----------------|-----|
| 10 | Padmaja Kulkarni | cash | 500 | | 07/07 /2015 | 134 |
| 11 | Marathwada Auto Duster | | 11000 | 031637 bank of Maharas htra | 28/07 /2015 | 138 |
| 12 | Meenakshi Gopal saraf | Cash | 1000 | | 3/08/ 2015 | 139 |
| 13 | Shri Dhone | Cheque | 10000 | 003072 | 11/08 /2015 | |
| 14 | Yashwant Aradhye | NEFT | 5000 | | 20/08 /2015 | 140 |
| 15 | Yugant Ram Marlapalle | Cheque | 15000 | 109233/ Sarswat Bank | 24/08 /2015 | 142 |
| 16 | Wokhrd research center | In form of toys | 3000 | | 28/08 /2015 | |
| 17 | Jankiram Lingse | Cheque | 2501 | 146298 IDBI | 24/08 /2015 | 144 |
| 18 | Yeshshree Press Comps. Pvt. Ltd | Cheque | 100000 | 014284 HDFC | 7/09/ 2015 | 145 |
| 19 | Yeshshree workers | Cash | 5001 | | 7/09/ 2015 | 146 |

| 20 | Vishwashri | cheque | 12000 | HDFC | 07/09 | 147 |
|----|------------------|--------|-------|--------------------|-------|-----|
| | consultancy | | | 000121 | /2015 | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| 21 | Megha | NEFT | 2935 | ICIC | 16/09 | 148 |
| | Gunjegavkar | | | | /2015 | |
| | | | | | | |
| 22 | Girish Kulkarni | Cheque | 5000 | Janata | 30/09 | 149 |
| | | | | Sahakari 349222 | /2015 | |
| | | | | 349222 | | |
| 23 | Amit Chintawar | NEFT | 3100 | | 17/11 | 150 |
| | | | | | /2015 | |
| 24 | Maharashtra | Cash | 5100 | | 09/12 | 151 |
| | Times | | | | /2015 | |
| 25 | Vrushali | RTGS | 5000 | Bank of | 12/12 | 152 |
| | P.Gothkindikra | | | Maharas | /2015 | |
| | | | | htra | | |
| 26 | Omkare Ingale | Cheque | 11000 | Yes Bank | 14/12 | 153 |
| | | | | 000132 | /2015 | |
| 27 | Alexander | NEFT | 5000 | | 14/12 | 154 |
| 2, | Thomas | 14211 | 3000 | | /2015 | |
| | | | | | | |
| 28 | Social Netwoking | NEFT | 25000 | SBI | 21/12 | 155 |
| | Forum | | | | /2015 | |
| 29 | Dr. Samidh Patel | Cash | 500 | | 27/12 | 156 |
| | | | | | /2015 | |
| 30 | Rajesh Taksale | - - | 501 | | | 157 |
| | | | | | | |

| 31 | Udaya Kurundkar | - - | 500 | | | 158 |
|----|------------------------------------|--------|-------|----------------|----------------|-----|
| 32 | Leena Sachin | - - | 500 | | | 159 |
| 33 | Shivam Nursery | - - | 500 | | | 160 |
| 34 | Harish Jakhte | - - | 100 | | | 161 |
| 35 | Dr. Amita Rajesh Wani | - - | 500 | | | 162 |
| 36 | Ramesh Sodankar | - - | 1000 | | | 163 |
| 37 | Proton Electrical Alliance | - - | 500 | | | 164 |
| 38 | V. R. Mahajane | - - | 501 | | | 165 |
| 39 | Anil Raut | | 200 | | | 166 |
| 40 | Yeshali Kotare | | 100 | | | 167 |
| 41 | Jayashree Bawilkar | | 1000 | | | 168 |
| 41 | Vinaya Pradhan | | 1000 | | 30/12 /2015 | 169 |
| 42 | Milind Damodhar | | 1100 | | 01/01 /2016 | 170 |
| 43 | Ayush Enterprises Ahmednagar | NEFT | 11000 | | 02/01 /2016 | 171 |
| 44 | Smita jog | cheque | 10000 | 961795 ICIC | 16/01 /2016 | 172 |

| 45 | Ashtvinayak Electricals Industries | cheque | 11000 | 174032 oriental bank of commerc e | 18/01 /2016 | 173 |
|----|--|------------------------------|-------|---|----------------|-----|
| 46 | Kanhaiyalal Shardul | cheque | 24000 | 144524 SBI | 22/01 /2016 | 174 |
| 47 | Niramala Mandar Joshi | cash | 1000 | | 22/01 /2016 | 175 |
| 48 | Aditya Suresh Nakhare | cash | 5000 | | 26/01 /2016 | 176 |
| 49 | Kishor Ramesh Unde | cheque | 5000 | 000016 | 10/02 /2016 | 177 |
| 50 | Vaishali Sutavane | Cheque | 5000 | 112378 janata sahakari bank | 11/02 /2016 | 178 |
| 51 | Jankiram Lingase | cheque | 1000 | 42885 SBM | 12/02 /2016 | 179 |
| 52 | Vastu Construction | Cheque | 5000 | 050167 ahmedna gar sahakari | 15/02 /2016 | 180 |
| 53 | Rahul Awasekar | In the form of therapy balls | 2500 | | 15/02 /2016 | 181 |

| 54 | The Blaze Dance Institute | Cash | 40,000/- | | 15/02 /2016 | 182 |
|----|------------------------------|--------|----------|---------------|----------------|-----|
| 55 | Sanjeev Naregalkar | NEFT | 2000/- | | 15/02 /2016 | 183 |
| 54 | Radha Krishn Muli | cash | 2500/- | | 18/03 /2016 | 184 |
| 55 | Suresh S. Rao | cheque | 12,000/- | HDFC | 22/02 /2016 | 185 |
| 56 | Vasant Damle | cheque | 9500/- | Union bank | 09/03 /2016 | 187 |

| Sponsoring big events for AARAMBH | Rs. 25,000 |
|--|------------|
| Sponsoring small events for AARAMBH | Rs. 5,000 |
| Sponsoring fees of therapiest for one month | Rs. 25,000 |
| Sponsoring one month rent of AARAMBH | Rs. 12,000 |
| Maintenance of the premises | Rs. 10,000 |
| Sponsoring an outing | Rs. 10,000 |
| Sponsoring the monthly charges of one child | Rs. 6,500 |
| Sponsoring the annual fee of one child of AARABH | Rs. 24,000 |
| | |

Donation of one mini bus to AARAMBH for Transportation of ASD and slow learner children (Contact Admin for details.)

If you would like to make any other kind of donation, please contact +918275284178 / +919405110890.

You Tube Links About Aarambh

Aarambh Documentary

https://www.youtube.com/watch?v=xg4yhCX76j8

Bharat for India documentary

https://www.youtube.com/watch?v=TRh51Npw-Wk

Z Marathi documentary

https://www.youtube.com/watch?v=MFYMvPSxegQ

Marathi documentary

https://www.youtube.com/watch?v=80Lln3ZmbBQ

Thanks to All

- Trustee
- Advisory Board
- Teachers
- Parents
- Well wishers
- Friends and Face book friends
- And Donors of AARAMBH.